Procedure for Deconvolution and subsequent Integration in VNMR

load spectrum, type mark('reset')

select peaks with cursor (use 'nl' if needed) in logical order and mark them with the 'mark' button as you select them one by one.

Main Menu \rightarrow Analyze \rightarrow Deconvolution \rightarrow Use Mark \rightarrow Fit \rightarrow Show Fit \rightarrow Plot

This will plot the peak fit and its integrations